

January 2012

CLASS SCHEDULE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Boot Camp—9:00 AM Yoga— 6:00PM TRX—7:00 PM	3 TRX— 9:00AM GETFIT — 9:00AM Zumba—6:00 PM	4 Boot Camp—9:00 AM Zumbatomic—4:00 PM Yoga— 6:00PM TRX—7:00 PM	5 TRX— 9:00AM GETFIT— 9:00AM	6 Kid's Yoga — 5:30PM	7 NO ZUMBA
8	9 Boot Camp—9:00 AM Yoga— 6:00PM TRX—7:00 PM	10 TRX— 9:00AM GETFIT — 9:00AM Zumba—6:00 PM	11 Boot Camp—9:00 AM Zumbatomic—4:00 PM Yoga— 6:00PM TRX—7:00 PM	12 TRX— 9:00AM GETFIT— 9:00AM	13 Kid's Yoga—5:30PM	14 Adult Zumba - 9:00 AM
15	16 Boot Camp—9:00 AM Yoga— 6:00PM TRX—7:00 PM	17 TRX— 9:00AM GETFIT — 9:00AM Zumba—6:00 PM	18 Boot Camp—9:00 AM Zumbatomic—4:00 PM Yoga— 6:00PM TRX—7:00 PM	19 TRX— 9:00AM GETFIT— 9:00AM	20 NO KIDS YOGA	21 Adult Zumba - 9:00 AM
22	23 Boot Camp—9:00 AM Yoga— 6:00PM TRX—7:00 PM	24 TRX— 9:00AM GETFIT — 9:00AM Zumba—6:00 PM	25 Boot Camp—9:00 AM Zumbatomic—4:00 PM Yoga— 6:00PM TRX—7:00 PM	26 TRX— 9:00AM NO GETFIT	27 Kid's Yoga—5:30PM	28 Adult Zumba - 9:00 AM
29	30 Boot Camp—9:00 AM Yoga— 6:00PM TRX—7:00 PM	31 TRX— 9:00AM GETFIT — 9:00AM Zumba—6:00 PM				



The PRCC Playhouse is now available! Drop your kids off in our fun, safe, and friendly play area while you workout. Stop by the office to sign up!

January 2012 PELTON RIDGE

701 Sun Meadows Dr.
Harker Heights, Texas 76548

Phone: 254-698-2542
www.pelotonridge.com

WALLYBALL
THURSDAY NIGHTS 7PM
GET SIGNED UP TO BE A
PART OF THE FUN NOW!!!!